

**Farmdale Trail Run**  
**OCTOBER 13<sup>TH</sup>, 2007**  
**7:30 AM START**  
**FARMDALE RESERVOIR**  
**East Peoria, IL**

This event will take place on the beautiful trails of Farmdale Reservoir. Two distances offered: an 8 mile trail run & a 33mile ultramarathon. Ultramarathon runners will do 3 /11 mile loops. 11 hour time limit will be imposed.

**Non-refundable fee:** 8 mile = \$30.00 by Sept 24th/\$35.00 post      33 mile= \$45.00/\$50.00 post  
Both distances will be covered on mainly the same trails including prairie, fire roads (dirt and cinder), hills, creek crossings, and single track. Three well-stocked aid stations will be available for both distances. Post-race food will include soup/chili, hotdogs, other fixins' and beverages. Alcohol is allowed in the park, but will not be served. Finisher's medal for both distances as well as some great door prizes. Each pre-registered participant will receive a long sleeve shirt. Pre-register by Monday **Sept 24<sup>th</sup>**. **NO Shirt if registered after Sept 24<sup>th</sup>**. **NO RACE DAY REGISTRATION!**

Questions?

Contact: **Dave Tapp, RD 309-467-4339** or email at [tappd@eureka.wodfrd.k12.il.us](mailto:tappd@eureka.wodfrd.k12.il.us)

**Make checks payable to:** Dave Tapp      **Mail to:** Farmdale Trail Run  
c/o Dave Tapp  
1013 Pepper Tree Lane  
Eureka, IL 61530

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_ Phone#: \_\_\_\_\_

Email: \_\_\_\_\_ Shirt size: S M L XL XXL

Circle your race distance:      8 miler      33 miler

**Waiver**

I know that running a trail race/ultramarathon race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road and trail, encounters with wild or domestic animals, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the race directors and volunteers, Illinois Valley Striders, U.S. Army Corps of Engineers, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, event though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to race management to use any photographs, recordings, or other records of my participation in this event for any legitimate purpose. I also understand that the race director has the right to refuse any entry, and that my registration fee is non-refundable.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Emergency Contact Phone: Name: \_\_\_\_\_ Ph# \_\_\_\_\_